



### SIT STILL? PLEASE DON'T!

Children are always on the move. Or at least that is how nature intended them. Sitting, sitting still, sitting still for a long time – none of that is good for either children or adults. If there's no movement your back becomes rounded and your spirit lets your head hang low.

Can you sit while moving? Can we assist children's natural urge to move even when they're seated? Is a chair made only to be sat on, or can it be a plaything too?

ONGO<sup>®</sup> – get on & go. Our philosophy is to fill life with movement. Our aim is to use simple, playful means to enable people to move while sitting, and to keep their backs relaxed and healthy.

All ONGO<sup>®</sup> products feature timeless designs and careful workmanship using high-quality materials.

Children are not born with postural damage. But early on, at kindergarten even, the first consequences of static sitting emerge: a stooped sitting posture and rounded back. This doesn't just influence the child's bearing, it affects breathing and circulation. Static sitting can even have a negative effect on concentration and the development of the brain during childhood.

The ONGO®Kit has a rounded base, firm seat and no backrest, so it promotes balance and coordination early on and helps prevent postural damage. Lay the foundations for a healthy back in early childhood – playfully, beautifully, and without compulsion.





## THE ONGO®FAMILY

### **ONGO®Classic**

The original ONGO<sup>®</sup>. Available in precisely 336 color and material variations, including two sizes: regular and tall. Height-adjustable, it features an integrated ball track for acoustic feedback. The ONGO®Classic brings active sitting to any desk, any office, and (almost) any environment.



regular 42-64 cm 16.5-25.2 inches

tall

55-77 cm 21.6-30.3 inches





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# WELL ROUNDED

The ONGO<sup>®</sup>Kit is the little brother of the ONGO<sup>®</sup>Classic. The idea behind both stools is the same: active and playful sitting combined with attractive looks. With its rounded base, the stool nurtures a child's natural urge to move, thus activating important muscle groups continuously. Some of the positive side effects compared to static seating include improved concentration, therefore improved learning capacity, due to improved circulation and oxygen intake. Coordination and balance, both of which are important in the development of the brain, are promoted thus bringing lasting results.

The ONGO<sup>®</sup>Kit can be extended in 8 cm intervals from its initial height of 30 cm using additional extension elements.







2 x 8 cm 31 inches



Height 38/46 cm 14.9/18 inches

What's special about ONGO<sup>®</sup> is the ball. In the ONGO<sup>®</sup>Kit it can be placed in the base's trough to encourage movement while sitting; it can also promote ball skills among children while still in the nursery.

### Product information

- The basic sitting height of 30 cm can be increased in 8 cm intervals with extension elements
- Materials are free of harmful substances. easy to wash, and resistant to abrasion
- Three year warranty on all original parts
- Made in Germany
- Available in three color combinations: Outer body in white Upholstery







Anthracite

### Ball track and column

